

Brief Curriculum Vitae



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Dr. Theodoros Chatzidamianos works as an Academic Fellow in the Department of Physiotherapy at the University of West Attica since 2020. He completed his undergraduate studies in Physiotherapy in 2006 from the Technological Educational Institution (TEI) of Lamia. He also holds a Master of Science degree (MSc in Physiotherapy) since 2009 in the field of musculoskeletal and respiratory physiotherapy and a Doctor of Philosophy (PhD) degree since 2019 from Manchester Metropolitan University, United Kingdom. His doctoral dissertation aimed to examine whether a community-based exercise and educational programme could produce short- and long-term antidepressant effects in depressed patients with Parkinson's disease. Since 2010, he has been working in tertiary education in Greece and Cyprus. His special clinical and research interests include: physical therapy in mental health, geriatrics, neurological and cardiorespiratory diseases.

Google Scholar: <https://scholar.google.com/citations?user=tB1APioAAAAJ&hl=en>