

SCIENTIFIC PROGRAM

9<sup>th</sup> International  
Organisation of Physical Therapy  
in Mental Health Conference

[www.ioptmh2022.com](http://www.ioptmh2022.com)

ATHENS, GREECE

MAY  
4-6  
2022

CROWNE PLAZA  
Athens Hotel,  
City Center

9<sup>th</sup> HYBRID  
IOPTMH 2022

Physiotherapy  
in Mental Health;  
what's next?



International Organization of  
Physical Therapy in Mental Health



Greek scientific section  
"Physiotherapy in mental health"  
PanHellenic Physiotherapists'  
Association



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# Physiotherapy in Mental Health; \_\_\_\_\_what's next?\_

## TABLE OF CONTENTS

Organizing Committee .....	4
Scientific Committee .....	4
General information .....	5
Special Thanks .....	9
Scientific Program .....	10-15
Wednesday May 4, 2022 .....	10
Thursday May 5, 2022 .....	12
Friday, May 6, 2022 .....	14
Oral Presentations .....	16
e-Posters .....	20
Speakers' Index .....	26



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MAY 4-6, 2022



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## Organisation

International Organisation of Physical Therapy in Mental Health,  
Greek scientific section «Physiotherapy in Mental Health»  
of PanHellenic Physiotherapists' Association



International Organization of  
Physical Therapy in Mental Health



Greek scientific section  
"Physiotherapy in mental health"  
**PanHellenic Physiotherapists'  
Association**

## Under the auspices of

### Ministry of Health



HELLENIC REPUBLIC  
MINISTRY OF HEALTH  
GENERAL SECRETARIAT  
FOR GREEKS ABROAD AND PUBLIC DIPLOMACY

### Ministry of Tourism



HELLENIC REPUBLIC  
REGION OF ATTICA

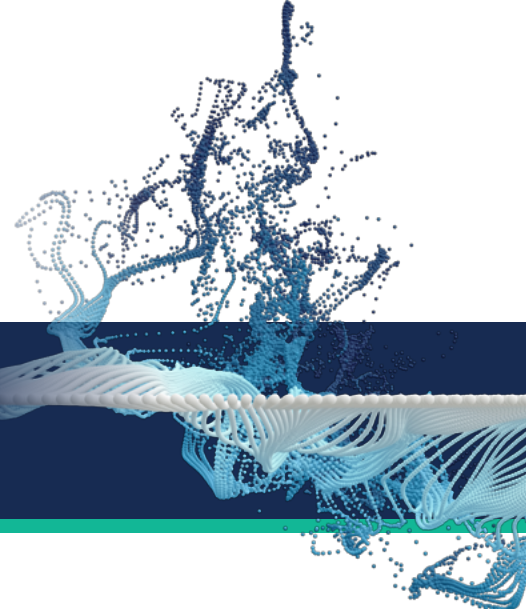


CITY OF ATHENS



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## Organizing Committee (OC)

### Chair

Stathopoulos, Stavros, PT, Greece

### Members

Charonitis, Epameinondas, PT, Greece

Georgakopoulos, Evangelos, PT, Greece

Mastoras, Nikolaos, PT, Greece

Mitsikaris, Georgios, PT, MSc Greece

Patsiris, Stephanos, PT, MSc, PhD candidate, Greece

## Scientific Committee (SC)

### Chair

Chatzidamianos, Theodoros, PT, PhD, Greece

### Members

Canales, Janette Z., PT, PhD, Brazil

Catalán - Matamaros, Daniel, PT, PhD, Spain

Danielsson, Louise, PT, PhD, Sweden

Gálvez Olvera, Norma Elisa, PT, MSc, Mexico

Montoya Hurtado, Olga Lucia, PT, Msc, Colombia

Nyboe, Lene, PT, PhD, Denmark

Sfetsioris, Dimitrios, PT, PhD, Greece

Staub, Cristina, PT, PhD, Switzerland

Van Damme, Tine, PT, PhD, Belgium

Venigalla, Sumanth Kumar, PT, PhD, Singapore

Vera - Salazar, Roberto, PT, Msc, Chile

Yamamoto, Taisei, PT, PhD Japan:

Zambo - Andersen, Ellen, PT, PhD, USA



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## General Information

### Conference Venue

**Crowne Plaza Athens - City Centre Hotel**

50, Michalakopoulou str. GR 11528 Athens

Phone: + 30 210 727 8000

View the [hotel](#) and the [location](#).

### Dates

May 4, 5, 6, 2022

### Type of event

Hybrid Conference. The hybrid format enables in-person participation (physical presence) as well as remote (online) participation.

### Official language

The official language of the conference is english. No interpretation will be available.

### Main Conference Hall

Ballroom

### Workshop Hall

Ballroom

### Exhibition and Break Area

Ballroom foyer

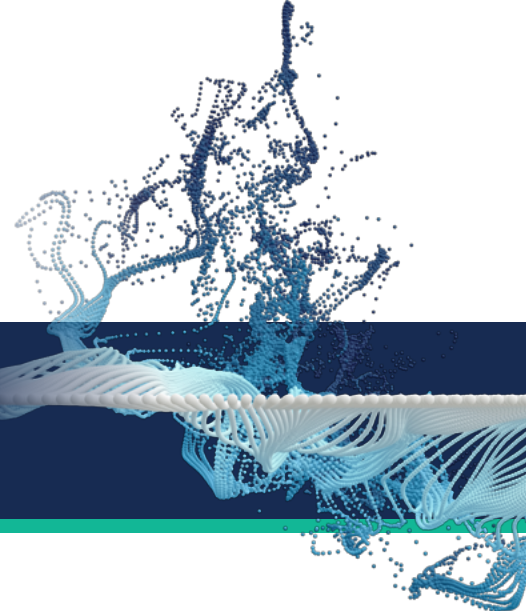
### Registration

Electronic Registration is **mandatory** for all participants and exhibitors. Choose to register via various categories Member, Non-member IOPTMH and other Health Care Professionals, Retired, Entry level students either you participate on site or online. Registration fees are inclusive of VAT. We strongly recommend all participants to read the Registration information and select the preferred attendance type. For more information about registration and cancellation policy please advise the Registration page [here](#).



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ATHENS, GREECE  
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## General Information

### ATTENDANCE TYPES

#### Physical Attendance

The physical registered delegates will have both onsite and online access to the following:

- In-person attendance of the scientific conference proceedings as well as web attendance via the live streaming platform.
- Access to on-demand session watch at the end of every conference day, available for 24hrs. After current deadline, sessions won't be available.
- In-person attendance at workshops.
- Access to all digital conference's materials and tools within the platform. (Program, promo leaflets, digital evaluation, chat with others delegates, and write down questions or comments).
- Access to the exhibition area.
- Access all e-posters within the conference venue hall.
- Access to coffee and lunch breaks according the final program.
- E-Certificate of Attendance
- Access to the abstract e-book

#### Online attendance

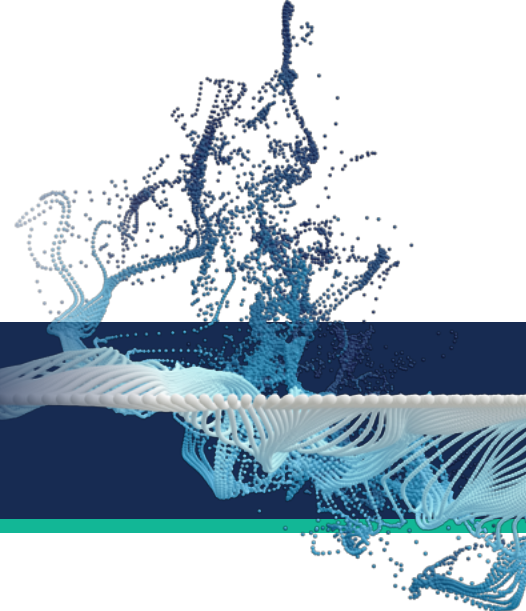
The web-registered delegates will have access only to the following:

- Online conference attendance via the live streaming platform.
- Access to on-demand session watch at the end of every conference day, available for 24hrs. After current deadline, sessions won't be available.
- Online attendance at workshops.
- Access to all digital conference's materials and tools within the platform. (Program, promo leaflets, digital evaluation, chat with others delegates, and write down questions or comments).
- Access all e-posters from the online platform.
- E-Certificate of Attendance
- Access to the abstract e-book.



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Physical Therapy in Mental Health  
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ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

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### LIVE STREAMING PLATFORM

In order to log in and attend the conference online, please visit home page and click [LIVE STREAMING](#) button on the menu. Follow the instructions to log in. Please note that in order to log in successfully, you have to use the same e-mail account you've submitted during registration. Any different e-mail account will be considered as a new registration.

### E-POSTER

E-posters will be available all conference days for on-site access (Ballroom foyer) as well as for online access to web and hybrid delegates (online e-posters will be available from the LIVE STREAMING platform).

### ABSTRACT e-BOOK

All abstracts (oral and e-posters) that presented in the conference will be published as an e-book, in a short period after conference ends. More information [here](#).

### COVID-19 PREVENTIVE MEASURES

#### Vaccination Certificate

All on-site delegates must display and scan at the secretariat before entering the conference hall their digital or hardcopy vaccination certificate / recovery or else access will be denied. All delegates that intend to attend the conference in-person are kindly requested to read the information for delegates under COVID 19 Restrictions.

#### Masks

Before entering the conference hall, all delegates must wear FFP2 masks at all times while being in the conference hall, foyer during the breaks, etc. Masks will not be provided by the Conference organisers. Please read more [here](#).

### CERTIFICATE OF ATTENDANCE

Certificate of attendance will be available only to those delegates (physical and online) who will attend the 60% of the conference proceedings. Attendance hours for each delegate (physical and online) will be available within the online platform at the login section. The certificate of attendance will be sent by the secretariat, only after submitting the digital conference evaluation. The certificate will be sent direct to the registered e-mail that the participant submitted during the electronic registration.



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ATHENS, GREECE  
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# Physiotherapy in Mental Health; what's next?\_

## General Information

### Conference Website

<https://www.ioptmh2022.com/>

### Social Media Pages



### Administration - Communication - Secretariat



#### Alpha Public Relations & Integrated Marketing S.A

55, Pytheou Str, GR 11743 Athens

Tel: 0030 210 3645 629

E-mail: [info@apr.com.gr](mailto:info@apr.com.gr)

Website: [www.apr.com.gr](http://www.apr.com.gr)

Please contact for:

Organising Committee: [organcom@ioptmh2022.com](mailto:organcom@ioptmh2022.com)

Abstracts: [abstracts@ioptmh2022.com](mailto:abstracts@ioptmh2022.com)

Registration: [registration@ioptmh2022.com](mailto:registration@ioptmh2022.com)

Accommodation: [accommodation@ioptmh2022.com](mailto:accommodation@ioptmh2022.com)

Sponsorship and exhibition: [sponsoring@ioptmh2022.com](mailto:sponsoring@ioptmh2022.com)

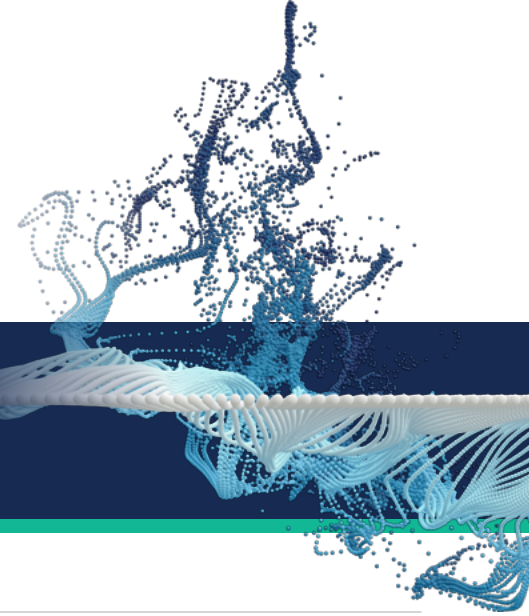
For any other topic: [secretariat@ioptmh2022.com](mailto:secretariat@ioptmh2022.com)





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## Special Thanks

The organizing committee wishes to acknowledge the financial support  
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## Wednesday May 4, 2022

14:00 - 14:20	<b>Welcome and meeting colleagues</b>
14:20 - 15:50	<p><b>ORAL PRESENTATION I</b></p> <p><b>Chairs: Chalari, Efthymia</b> (Greece), <b>Papatsimpas, Vasileios</b> (Greece) Present from OP-01 to OP-09</p>
16:00 - 16:45	<p><b>Workshop I</b></p> <p><b>Yoga for Relaxation &amp; Health for People with Psychiatric Conditions.</b> <b>Zambo - Anderson, Ellen</b> (USA)</p>
16:45 - 17:00	<b>Coffee break</b>
17:00 - 17:30	<p><b>KEYNOTE SPEAKING: Long COVID-19</b></p> <p><b>Lessons learned from the COVID-19 Pandemic.</b> <b>Speaker: Stokes, Emma</b> (Ireland) <b>Chairman: Chatzidamianos, Theodoros</b> (Greece)</p>
17:30 - 18:00	<p><b>Opening remarks</b></p> <p><b>Stathopoulos, Stavros</b> <i>Chair of the Organizing Committee of 9th IOPTMH Conference 2022</i></p> <p><b>Stokes, Emma</b> <i>President World Physiotherapy</i></p> <p><b>Catalán - Matamoros, Daniel</b> <i>President of IOPTMH</i></p> <p><b>Chatzidamianos, Theodoros</b> <i>Chair of the Scientific Committee of 9th IOPTMH Conference 2022</i></p> <p><b>Lymperidis, Petros</b> <i>President of the Panhellenic Physiotherapists' Association</i></p> <p><b>Rapti, Zoi</b> <i>Deputy Minister for Mental Health</i></p>
18:00 - 18:30	<p><b>KEYNOTE SPEAKING: New Technologies in Mental Health</b></p> <p><b>The future of the use of technology in Mental health/ The benefits and barriers innovating regarding the use of technology in Mental health.</b> <b>Speaker: Gkouvas, Nikolaos</b> (Greece) <b>Chairman: Chatzidamianos, Theodoros</b> (Greece)</p>



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# Physiotherapy in Mental Health; \_\_\_\_\_what's next?\_\_\_\_\_

**Wednesday May 4, 2022**

18:30 - 19:00

**KEYNOTE SPEAKING: The Institutional Approach**

**Physiotherapy in Mental Health: Challenges for the future.**

**Speaker: Probst, Michel** (*Belgium*)

**Chairman: Chatzidamianos, Theodoros** (*Greece*)

19:00 - 19:45

**Workshop II**

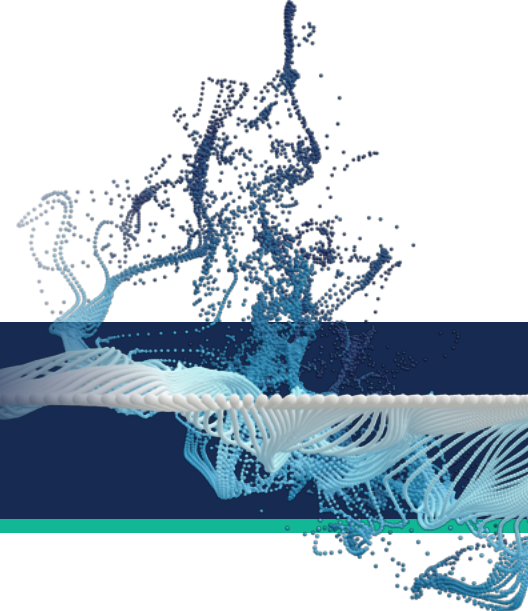
**(WKS02) - Entrustable Professional Activities in PTMH**

**Beker, Esther** (*Netherlands*)



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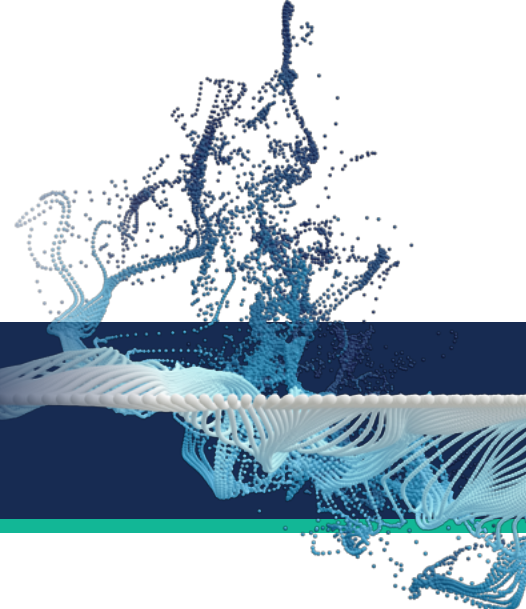
## Thursday May 5, 2022

09:45 - 10:30	<p><b>Workshop III</b> (WKS 03) - Physiotherapy guidelines for patients with eating disorder Probst, Michel (Belgium)</p>
10:30 - 11:00	<p><b>KEYNOTE LECTURE I</b></p> <p>I took the road less traveled by and that has made all the difference. Speaker: Vancampfort, Davy (Belgium) Chairman: Chatzidamianos, Theodoros (Greece)</p>
11:00 - 11:30	<p><b>KEYNOTE SPEAKING: The patients voice</b></p> <p>Mental health &amp; well-being: what your patients are thinking. Speaker: Nomidou, Katerina (Greece) Chairman: Chatzidamianos, Theodoros (Greece)</p>
11:30 - 12:40	<p><b>ORAL PRESENTATIONS II</b> Chairs: Patsaki, Irimi (Greece) Patsiris, Stephanos (Greece) From OP-10 to OP-16</p>
12:40 - 13:40	<p><i>Lunch Break</i></p>
13:40 - 14:00	<p><b>KEYNOTE LECTURE II</b></p> <p>Physiotherapy in mental health and Chronic Pain. Speaker: Ryan, Deirdre (Belgium) Chairman: Chatzidamianos, Theodoros (Greece)</p>
14:00 - 15:00	<p><b>Session I</b> Chairs: Skjærven, Liv - Helvik (Norway) Van Damme, Tine (Belgium)</p>
14:00 - 14:15	<p>The International Clinical Master in Basic Body Awareness Methodology. A post-graduate study programme in Mental Health Physiotherapy. Catalán - Matamoros, Daniel (Spain)</p>
14:15 - 14:30	<p>Basic body awareness therapy in clinical practice - reflections here-and-now and for the future. Danielsson, Louise (Sweden)</p>
14:30 - 14:45	<p>Research in the frame of Basic Body Awareness Therapy - research questions, possibilities and challenge. Nyboe, Lene (Denmark)</p>



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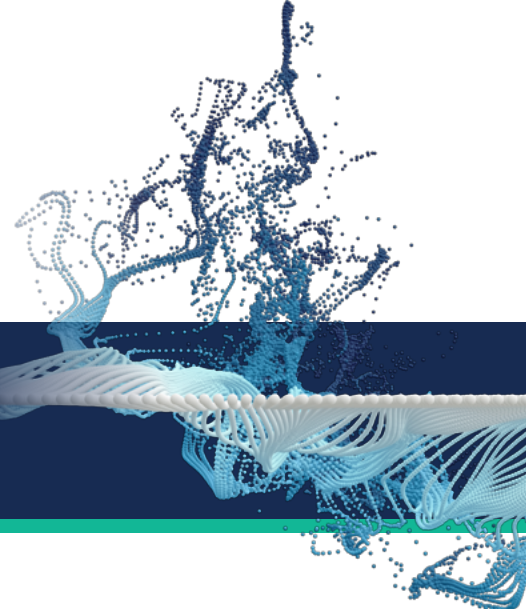
## Thursday May 5, 2022

14:45 - 15:00	<p><b>Clinical Models Serving as Maps for Mental Health Physiotherapy Approaching the movement awareness domain - Theory Development in Basic Body Awareness Therapy (BBAT).</b> <b>Skjærven, Liv - Helvik</b> (Norway)</p>
15:00 - 16:00	<p><b>Session II</b> <b>Chairs: Canales, Janette Z.</b> (Brazil), <b>Staub, Cristina</b> (Switzerland)</p>
15:00 - 15:15	<p><b>Therapeutic Effects of Dual Task Exercises on Balance and Gait in Geriatrics Dementia.</b> <b>Karthikeyan, Thangavelu</b> (India)</p>
15:15 - 15:30	<p><b>Toward Cellular and Metabolism Hallmarks in Mental Disorders. Focus on the Link Between Obesity, Depression and Alzheimer's Disease.</b> <b>Vera - Salazar, Roberto</b> (Chile)</p>
15:30 - 15:45	<p><b>The meaning of movement quality in autism - specialized physiotherapists' experiences in a phenomenological study.</b> <b>Bertilsson, Ingrid</b> (Sweden)</p>
15:45 - 16:00	<p><b>Access to physical therapy services for people with dementia/cognitive decline during the COVID-19 pandemic.</b> <b>Rosa, Marlene</b> (Portugal)</p>
16:00 - 16:15	<b>Coffee break</b>
16:15 - 16:35	<p><b>KEYNOTE LECTURE III</b> <b>Assessment of the Impact of Pandemic COVID-19 on the Mental Health of Patients with Rheumatic Diseases. Results of the REUMAVID study.</b> <b>Speaker: Garrido - Cumbre, Marco</b> (Spain) <b>Chairman: Chatzidamianos, Theodoros</b> (Greece)</p>
16:40 - 18:00	<p><b>ORAL PRESENTATIONS III</b> <b>Chairs: Christakou, Anna</b> (Greece), <b>Vera-Salazar, Roberto</b> (Chile) From OP-17 to OP-25</p>
18:00 - 18:20	<p><b>KEYNOTE LECTURE IV</b> <b>Physiotherapy's role in mental health of people with chronic pain.</b> <b>Speaker: Makri, Souzi</b> (Cyprus) <b>Chairman: Chatzidamianos, Theodoros</b> (Greece)</p>
18:30 - 20:00	<b>G.A. IOPTMH</b>



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MAY 4-6, 2022



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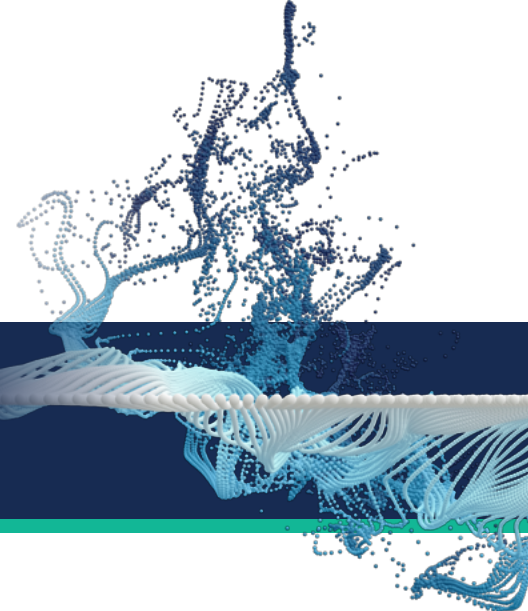
## Friday May 6, 2022

10:00 - 11:00	<p><b>Session III</b> Chairs: <b>Bournousouzis, Elefterios</b> (Greece), <b>Sfetsioris, Dimitrios</b> (Greece)</p>
10:00 - 10:15	<p><b>Early Mobility: a preventing strategy to Post Intensive Care Syndrome.</b> <b>Patsaki, Irimi</b> (Greece)</p>
10:15 - 10:30	<p><b>Lifestyle as a holistic path to the future.</b> <b>Staub, Cristina</b> (Switzerland)</p>
10:30 - 10:45	<p><b>The Process of Establishing the Mental Health Subgroup in Italy.</b> <b>Mazzarotto, Deborah</b> (Italy)</p>
10:45 - 11:00	<p><b>The effects of daily movement and sitting time on sleep and health in elderly.</b> <b>Vanderlinden, Julie</b> (Belgium)</p>
11:00 - 11:20	<p><b>KEYNOTE SPEAKING: Health politics and economic on physiotherapy in mental health</b></p> <p>The impact of COVID-19 on quality of life and mental health in 8 countries across the globe. Speaker: <b>Yfantopoulos, John</b> (Greece) Chairman: <b>Chatzidamianos, Theodoros</b> (Greece)</p>
11:20 - 12:20	<p><b>Session IV</b> Chairs: <b>Fordham, Lauren</b> (UK), <b>Rozenbergs, Didzis</b> (Latvia)</p>
11:20 - 11:35	<p><b>Is sound therapy the key to efficiency stress management?</b> <b>Stathopoulos, Stavros</b> (Greece)</p>
11:35 - 11:50	<p><b>Psychological issues in sport injury physiotherapy rehabilitation.</b> <b>Christakou, Anna</b> (Greece)</p>
11:50 - 12:05	<p><b>Sleep for a happy tomorrow.</b> <b>Staub, Cristina</b> (Switzerland), <b>Vanderlinden, Julie</b> (Belgium)</p>
12:05 - 12:20	<p><b>Prevalence of persistent postoperative arm pain after breast cancer surgery and the association with functionality and disability of the affected upper limb.</b> <b>Michael - Vargiamidou, Polyxeni</b> (Cyprus)</p>
12:25 - 13:25	<p><b>Lunch break</b></p>



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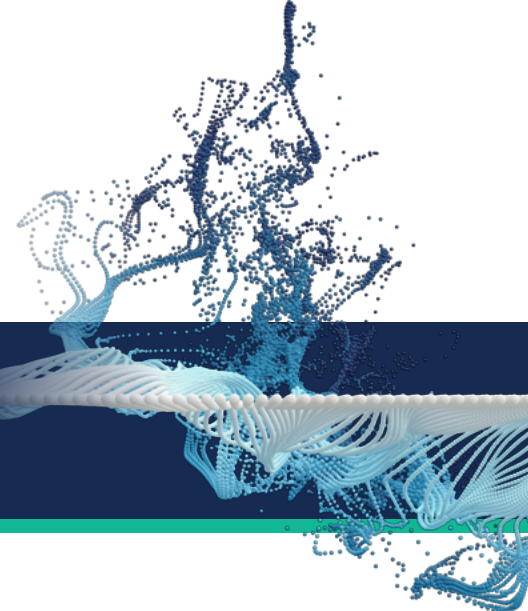
ATHENS, GREECE  
MAY 4-6, 2022



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**Friday May 6, 2022**

<b>13:30 - 14:00</b>	<b>KEYNOTE SPEAKING: The Media perspective</b>
	<p>Is physiotherapy important to the mental health of citizens? The Media perspective in the European Union. Speaker: <b>Tsaousidou, Isaia</b> (Greece) Chairman: <b>Chatzidamianos, Theodoros</b> (Greece)</p>
<b>14:00 - 15:00</b>	<p><b>Session V: INTERDISCIPLINARY APPROACH TO MENTALLY ILL</b> Chairs: <b>Stathopoulos, Stavros</b> (Greece), <b>Catalán - Matamoros, Daniel</b> (Spain)</p>
14:00 - 14:10	<p>The role of the psychiatrist in the interdisciplinary team. <b>Gkouvas, Nikolaos</b> (Greece)</p>
14:10 - 14:20	<p>Mental Health &amp; Occupational Therapy: A long-standing relationship. <b>Kouloumpi, Maria</b> (Greece)</p>
14:20 - 14:30	<p>The role of psychiatric liaison nurse in a general hospital. <b>Mangoulia, Polyxeni</b> (Greece)</p>
14:30 - 14:40	<p>The Role of Psychological Skills within Physiotherapy. <b>Paschou, Fani</b> (Greece)</p>
14:40 - 15:50	<p>Comprehensive psychosocial evaluation in the mentally ill. The role of social work in the interdisciplinary approach and in the psychosocial rehabilitation of the mentally ill. <b>Verikaki, Olga</b> (Greece)</p>
14:50 - 15:00	<p>The Role of Psychological Skills within Physiotherapy. <b>Vancampfort, Davy</b> (Belgium)</p>
<b>15:00 - 15:15</b>	<p><b>Closing ceremony</b> <b>Catalán - Matamoros Daniel</b> (Spain) <b>Stathopoulos, Stavros</b> (Greece)</p>

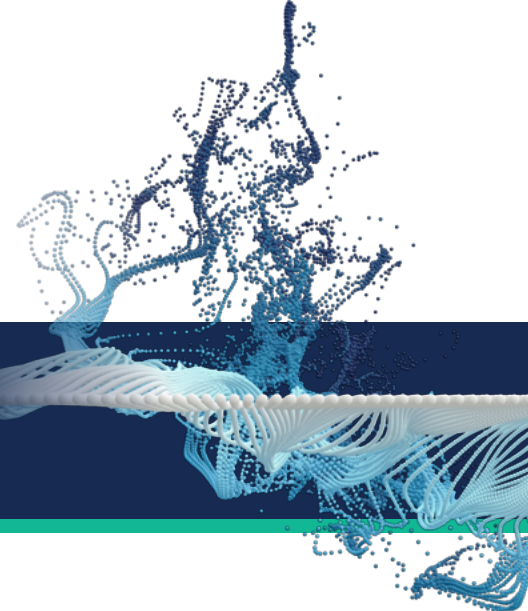


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## Oral Presentations

OP-01	<p><b>THE FUTURE OF DIAGNOSTICS IN MH</b></p> <p><b>Cristina Staub</b> <i>Physiotherapist, Ausgeschlafen.ch, Service sans Soucis, Switzerland.</i></p>
OP-02	<p><b>ADVANCED PHYSIOTHERAPY PRACTICE (APP) IN MH</b></p> <p><b>Cristina Staub</b> <i>Physiotherapist, Ausgeschlafen.ch, Service sans Soucis, Switzerland.</i></p>
OP-03	<p><b>RELIABILITY OF THE GERMAN TRANSLATION OF THE BALANCE EVALUATION SYSTEMS TESTS BY PEOPLE WITH SCHIZOPHRENIA SPECTRUMS DISORDERS AND THEIR HEALTHY CONTROLS</b></p> <p><b>Haselwander Maren<sup>1</sup></b>, Barbara Limberg<sup>2</sup>, Matthias Weisbrod<sup>3</sup>, Gudrun Diermayr<sup>4</sup>  <sup>1</sup>Academic staff, Fakultät für Therapiewissenschaften, SRH Hochschule Heidelberg, Germany.  <sup>2</sup>Physician, Abtl. für Psychiatrie und Psychotherapie, SRH Klinikum Karlsbad-Langensteinbach, Germany.  <sup>3</sup>Professor, Abtl. für Psychiatrie und Psychotherapie, SRH Klinikum Karlsbad-Langensteinbach, Germany.  <sup>4</sup>Professor, Fakultät für Therapiewissenschaften, SRH Hochschule Heidelberg, Germany.</p>
OP-04	<p><b>THE EFFECTIVENESS OF MOTOR IMAGERY ON REHABILITATION OF MUSCULOSKELETAL INJURIES</b></p> <p><b>Anna Varytimidi<sup>1</sup></b>, Megi Goxho<sup>1</sup>, Anna Christakou<sup>2</sup>, George Papatthanasiou<sup>3</sup>  <sup>1</sup>Physiotherapist, Physiotherapy, University of West Attica, Greece.  <sup>2</sup>Assistant Professor, Physiotherapy, University of Peloponnese, Greece.  <sup>3</sup>Professor, Physiotherapy, University of West Attica, Greece.</p>
OP-05	<p><b>INFLUENCE OF PATIENT-REPORTED DISTRESS AND WEEKDAY OF ADMISSION ON LENGTH OF HOSPITAL STAY IN PATIENTS WITH LOW BACK PAIN: A RETROSPECTIVE COHORT STUDY</b></p> <p><b>Emanuel Brunner<sup>1</sup></b>, Wim Dankaerts<sup>2</sup>, Davy Vancampfort<sup>3</sup>  <sup>1</sup>Dr., Institute of Therapies and Rehabilitation, Kantonsspital Winterthur, Switzerland.  <sup>2</sup>Prof. Dr., FABER, KU Leuven, Belgium.  <sup>3</sup>Dr., FABER, KU Leuven, Belgium.</p>
OP-06	<p><b>THE CREATIVE BODY IN PHYSIOTHERAPY. THE UTILIZATION OF EMBODIMENT IN DEVELOPING AN INTERDISCIPLINARY APPROACH IN MENTAL HEALTH</b></p> <p><b>Soultana Apostolidou<sup>1</sup></b>, Ioanna Giannopoulou<sup>2</sup>, Aristomenis Karmiris<sup>3</sup>  <sup>1</sup>Physiotherapist MA in Dance Movement Therapy, Department of Physiotherapy, G. Gennimatas General Hospital of Thessaloniki, Greece.  <sup>2</sup>Chartered Physiotherapist NDT, Department of Physiotherapy, Hippokrateion General hospital of Thessaloniki, Greece.  <sup>3</sup>Physiotherapist Msc, PhD candidate, Department of Physiotherapy, G. Gennimatas General hospital of Thessaloniki, Greece.</p>
OP-07	<p><b>PHYSIOTHERAPY AND OCCUPATIONAL THERAPY: TWO COMPLEMENTARY PROFESSIONS IN MENTAL HEALTH REHABILITATION SERVICES</b></p> <p><b>Meral Huri<sup>1</sup></b>, Michel Probst<sup>2</sup>  <sup>1</sup>Assoc. Prof., Occupational Therapy, KU Leuven University-Hacettepe University, Belgium.  <sup>2</sup>Em. Prof., Faculty of Movement and Rehabilitation Sciences Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven University, Belgium.</p>

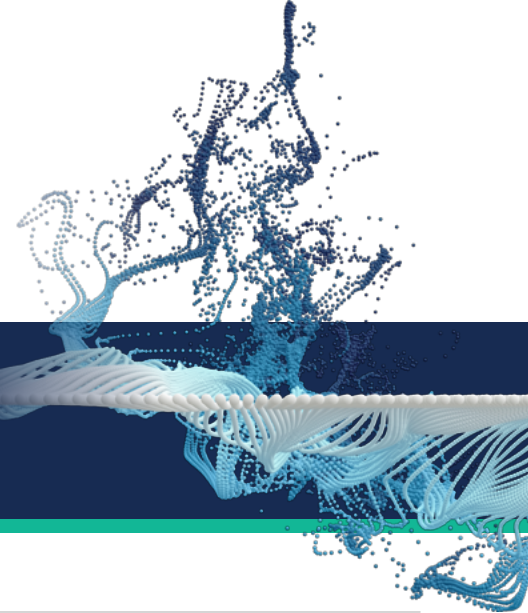




# Physiotherapy in Mental Health; what's next?\_

## Oral Presentations

OP-08	<p><b>EXHALED BREATH AND MENTAL DISORDERS. IS THERE ANY ASSOCIATION?</b></p> <p><b>Stephanos Patsiris</b> <i>Physiotherapist MSc, Physiotherapy, General Hospital of Corfu, Greece.</i></p>
OP-09	<p><b>THE EFFECT OF BASIC BODY AWARENESS THERAPY (BBAT) IN A GROUP OF PERSON-CENTERED PSYCHOTHERAPISTS; TOWARDS A BROADENING OF BOTH PSYCHOTHERAPY AND PHYSIOTHERAPY PERSPECTIVES</b></p> <p><b>Stefania Kontadaki<sup>1</sup></b>, Ismini Kamari<sup>2</sup> <sup>1</sup><i>Physiotherapist, Self-employed, Self-employed, Greece.</i> <sup>2</sup><i>Psychologist, Self-employed, Self-employed, Greece.</i></p>
OP-10	<p><b>DIFFERENCES BETWEEN EXERGAMING REHABILITATION AND CONVENTIONAL PHYSIOTHERAPY IN QUALITY OF LIFE IN PARKINSON'S DISEASE: A SYSTEMATIC REVIEW AND META-ANALYSIS</b></p> <p><b>Elena Papamichael<sup>1</sup></b>, Christina Michailidou<sup>2</sup>, Demetris Solou<sup>3</sup> <sup>1</sup><i>Phd Candidate in Physiotherapy, Department of life and health sciences, University of Nicosia, Cyprus.</i> <sup>2</sup><i>Doctor in Physiotherapy, Department of life and health sciences, University of Nicosia, Cyprus.</i> <sup>3</sup><i>MD, Faculty of Medicine, University of Freiburg, Germany.</i></p>
OP-11	<p><b>BODY APPROACHES TO CHRONIC PAIN AND BODY AWARENESS IN VICTIMS OF THE ARMED CONFLICT IN TWO TWONS OF COLOMBIA</b></p> <p>Didier Morera<sup>1</sup>, <b>Dilia Jimenez<sup>2</sup></b> <sup>1</sup><i>Physiotherapist, Rehabilitation, UAM, Colombia.</i> <sup>2</sup><i>Physiotherapist, Rehabilitation, OIM, Colombia.</i></p>
OP-12	<p><b>EFFECT OF A MINDFULNESS-BASED INTERVENTION TO REDUCE LEVELS OF DEPRESSION, ANXIETY AND PERCEIVED STRESS IN PHYSIOTHERAPY STUDENTS</b></p> <p><b>Lizbeth Rodríguez Márquez<sup>1</sup></b>, Norma Elisa Gálvez Olvera<sup>2</sup>, Areli Guadalupe Morales Hernández<sup>3</sup>, Elizabeth Rodríguez Santillán<sup>3</sup>, Sergio Palacio Castañeda<sup>4</sup> <sup>1</sup><i>MPT, Facultad de Enfermería, UAQ, Mexico.</i> <sup>2</sup><i>Mtra., Facultad de Enfermería, UAQ, Mexico.</i> <sup>3</sup><i>Dra., Facultad de Enfermería, UAQ, Mexico.</i> <sup>4</sup><i>EFT., Facultad de Enfermería, UAQ, Mexico.</i></p>
OP-13	<p><b>THE EFFECT OF EXERCISE ON MAJOR DEPRESSION DISORDER FOR MULTIPLE SCLEROSIS PATIENTS</b></p> <p><b>Kyriaki Hadjiyiasemi</b> <i>University of Nicosia, Physiotherapy, University of Nicosia, Cyprus.</i></p>
OP-14	<p><b>THE EFFECTS OF A MINDFULNESS MOVEMENT THERAPY PROGRAMME ON ANXIETY AND DEPRESSION IN PATIENTS WITH STROKE</b></p> <p><b>Weeranan Yaemrattanakul<sup>1</sup></b>, Phanprapa Rungrit<sup>2</sup>, Helge Gillmeister<sup>3</sup>, Joanna Jackson<sup>4</sup> <sup>1</sup><i>Dr., Department of Physical Therapy, Prince of Songkla University, Thailand.</i> <sup>2</sup><i>Physiotherapist, Department of Rehabilitation Medicine, Prince of Songkla University, Thailand.</i> <sup>3</sup><i>Dr., Department of Psychology, University of Essex, United Kingdom.</i> <sup>4</sup><i>Professor, School of Sport, Rehabilitation and Exercise Sciences, University of Essex, United Kingdom.</i></p>



# Physiotherapy in Mental Health; what's next?\_

## Oral Presentations

OP-15	<p><b>THE EFFECTIVENESS OF A COMMUNITY-BASED EXERCISE AND EDUCATIONAL PROGRAMME ON DEPRESSION IN GREEK POPULATION WITH PARKINSON'S DISEASE</b></p>
	<p><b>Theodoros Chatzidamianos</b><sup>1</sup>, Narayan Prabhu<sup>2</sup>, James Selfe<sup>3</sup>, Panagiotis Zikos<sup>4</sup>  <sup>1</sup>Academic Fellow, Physiotherapy, university of West Attica, Greece.  <sup>2</sup>Senior Lecturer, Physiotherapy, Manchester Metropolitan University, United Kingdom.  <sup>3</sup>Professor, Physiotherapy, Manchester Metropolitan University, United Kingdom.  <sup>4</sup>Neurologist, Curator of the Neurological Department, 251 Hellenic Air Force General Hospital, Greece.</p>
OP-16	<p><b>EXPLORING THE CONFIDENCE AND ATTITUDES OF PHYSIOTHERAPY STUDENTS IN THE UNITED KINGDOM TO WORK WITH PEOPLE EXPERIENCING MENTAL ILLNESS</b></p>
	<p><b>Erin Byrd</b><sup>1</sup>, Laura Hemmings<sup>2</sup>, Samantha McIver<sup>3</sup>  <sup>1</sup>Senior Lecturer, Sport, Health Sciences and Social Work, Oxford Brookes University, United Kingdom.  <sup>2</sup>Teaching Fellow, Sport, Exercise and Rehabilitation Sciences, University of Birmingham, United Kingdom.  <sup>3</sup>Clinical Lead Physiotherapist in Mental Health, Physiotherapy, Midlands Partnership Foundation Trust, United Kingdom.</p>
OP-17	<p><b>CONCEPTUALIZING TRAUMA-FOCUSED PHYSIOTHERAPY: A SPECIALIZED TREATMENT APPROACH FOR SURVIVORS OF TRAUMA</b></p>
	<p><b>April Gamble</b><sup>1</sup>, Ilona Fricker<sup>2</sup>  <sup>1</sup>Physiotherapy Trainer, Physiotherapy, The Center for Victims of Torture, Iraq.  <sup>2</sup>Clinical Advisor for Physiotherapy, International Services, The Center for Victims of Torture, USA.</p>
OP-18	<p><b>THE PERSPECTIVE OF ADOLESCENTS WITH AUTISM SPECTRUM DISORDER REGARDING BARRIERS AND FACILITATORS OF PHYSICAL ACTIVITY PARTICIPATION</b></p>
	<p><b>Anke Arkesteyn</b><sup>1</sup>, Véronique Cornelissen<sup>2</sup>, Jean Steyaert<sup>3</sup>, Tine Van Damme<sup>4</sup>  <sup>1</sup>PhD student, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium.  <sup>2</sup>Professor, Rehabilitation Sciences, Research Group for Rehabilitation in Internal Disorders, KU Leuven, Belgium.  <sup>3</sup>Professor, Center for Developmental Psychiatry, KU Leuven, Belgium.  <sup>4</sup>Assistant professor, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium.</p>
OP-19	<p><b>THE EFFECTIVENESS OF BBAT AS ADD-ON TO CBT FOR PATIENTS WITH SOCIAL ANXIETY DISORDER</b></p>
	<p><b>Lene Nyboe</b>  PT/PhD, Anxiety and Depression, Aarhus University Hospital, Denmark.</p>
OP-20	<p><b>IT'S ABOUT SENSING SOMETHING DIFFERENT". A QUALITATIVE STUDY ON PATIENTS' EXPERIENCES OF PHYSICAL THERAPY INTERVENTION IN THE TREATMENT OF SEVERE NON-SUICIDAL SELF-INJURY</b></p>
	<p><b>Lene Nyboe</b>  PT/PhD, Anxiety and Depression, Aarhus University Hospital, Denmark.</p>
OP-21	<p><b>THE EFFECTS OF A PHYSIOTHERAPEUTIC SCHEME IN THE TREATMENT OF THE ANXIETY DISORDERS AND ANOREXIA NERVOSA IN A TEENAGE GIRL WITH TYPE 1 DIABETES MELLITUS</b></p>
	<p><b>Pelagia Tsakona</b>  Pediatric Physiotherapist, Physiotherapy, International University of Greece, Greece.</p>



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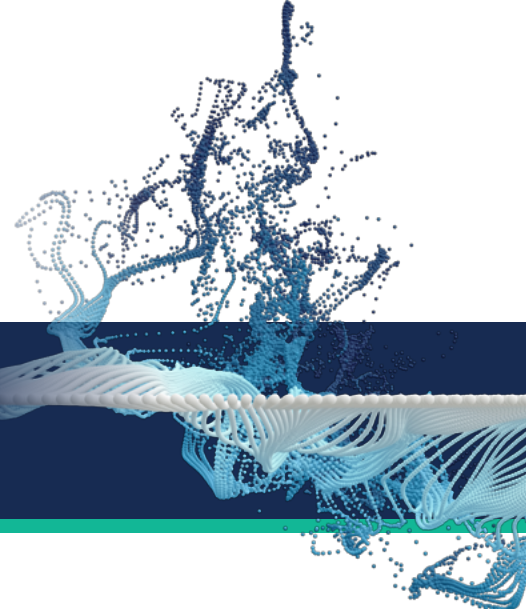
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# Physiotherapy in Mental Health; what's next?\_

## Oral Presentations

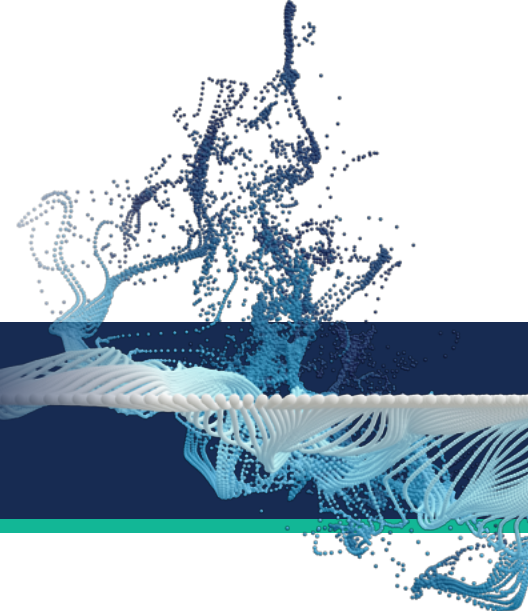
OP-22	<p>WHERE DOES MOTOR IMPAIRMENT FIT WITHIN THE BROADER FRAMEWORK OF AUTISM SPECTRUM DISORDER?</p>
	<p><b>Tine Van Damme</b> <i>Assistant Professor, Department of Rehabilitation Sciences, KU Leuven, Belgium.</i></p>
OP-23	<p>MOVEMENT IN AUTISM: FROM UNDERSTANDING TO THERAPY</p>
	<p><b>Marietta Mylonopoulou</b><sup>1</sup>, Vasliki Zisi<sup>1</sup>, Ioulia Gidarakou<sup>2</sup>, Mayia Korkokiou<sup>3</sup> <sup>1</sup> <i>Physiotherapist, Paediatric / NDT, KNAP, Greece.</i> <sup>2</sup> <i>Occupational Therapist, Paediatric / SI, KNAP, Greece.</i> <sup>3</sup> <i>Physiotherapist, Paediatric / DESS RAUS, KNAP, Greece.</i></p>
OP-24	<p>CROSS-SECTIONAL COMPARISON ON STRESS PHYSIOLOGY BETWEEN ADOLESCENTS ON THE AUTISM SPECTRUM AND TYPICALLY DEVELOPING PEERS</p>
	<p><b>Anoushka Thoen</b><sup>1</sup>, Kaat Alaerts<sup>2</sup>, Jean Steyaer<sup>3</sup>, Tine Van Damme<sup>2</sup> <sup>1</sup> <i>Dra., Department of Rehabilitation Sciences, KU Leuven, Belgium.</i> <sup>2</sup> <i>Prof. dr., Department of Rehabilitation Sciences, KU Leuven, Belgium.</i> <sup>3</sup> <i>Prof. Dr., Department of Neurosciences, KU Leuven, Belgium.</i></p>
OP-25	<p>MENTAL HEALTH A FUNDAMENTAL PILLAR FOR THE RECOVERY FROM COMPLEX REGIONAL PAIN SYNDROME (CRPS) IN A PROPOSED CLINICAL CONCEPTUAL MODEL</p>
	<p><b>Tracey Pons</b> <i>Specialist Pain Physiotherapist, Pain Management Physiotherapy, New Zealand.</i></p>



# Physiotherapy in Mental Health; what's next?\_

## e-Posters

eP01	<p><b>THE EFFECT OF THERAPEUTIC EXERCISE ON DEPRESSIVE SYMPTOMS IN PEOPLE WITH MULTIPLE SCLEROSIS</b></p>
	<p><b>Georgios Marios Kyriakatis</b><sup>1</sup>, Prokopia Mirka Lykou<sup>1</sup>, Pavlos Kitixis<sup>1</sup>, Theano Michailidou<sup>1</sup>, Thomas Besios<sup>2</sup>  <sup>1</sup> Student, Physiotherapy, University of Thessaly, Lamia, Greece.  <sup>2</sup> Assistant Professor in Neurological Physiotherapy, Physiotherapy, University of Thessaly, Lamia, Greece.</p>
eP02	<p><b>IMPACT OF SARS-COV-2 OUTBREAK AND COVID-19 LOCKDOWNS ON EDUCATION AND MENTAL HEALTH OF PHYSIOTHERAPY STUDENTS IN FRANCE: A NATIONAL MULTICENTER CROSS-SECTIONAL AND OBSERVATIONAL SURVEY STUDY</b></p>
	<p>Arnaud Delafontaine<sup>1</sup>, Sylvain Gautier<sup>2</sup>, François-Régis Sarhan<sup>3</sup>, Gabriel Saiydoun<sup>4</sup>, <b>Nicolas Pinsault</b><sup>5</sup>  <sup>1</sup> Dr, CIAMS, Université Paris-Saclay, France.  <sup>2</sup> Dr, Inserm U1018 CESP, Paris-Saclay University, UVSQ, Univ. Paris-Sud, France.  <sup>3</sup> Dr, UR 7516 CHIMERE, Université de Picardie Jules Verne, France.  <sup>4</sup> Dr, Inserm U955, Institut Mondor de Recherche Biomédicale, Faculté de Santé de Créteil, France.  <sup>5</sup> Dr, Conseil national, Ordre des masseurs-kinésithérapeutes, France.</p>
eP03	<p><b>CONCURRENT VALIDITY AND TEST-RETEST RELIABILITY OF A SUBMAXIMAL EXERCISE TEST IN ADOLESCENTS WITH AUTISM SPECTRUM DISORDER</b></p>
	<p><b>Anke Arkesteyn</b><sup>1</sup>, Jean Steyaert<sup>2</sup>, Véronique Cornelissen<sup>3</sup>, Tine Van Damme<sup>4</sup>  <sup>1</sup> PhD Student, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium.  <sup>2</sup> Professor, Center for Developmental Psychiatry, KU Leuven, Belgium.  <sup>3</sup> Professor, Rehabilitation Sciences, Research Group for Rehabilitation in Internal Disorders, KU Leuven, Belgium.  <sup>4</sup> Assistant professor, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium.</p>
eP04	<p><b>MENTAL HEALTH FACTORS INFLUENCING CHANGES IN PHYSICAL ACTIVITY AMONG UNIVERSITY STUDENTS IN THE COVID-19 PANDEMIC</b></p>
	<p><b>Taisei Yamamoto</b><sup>1</sup>, Yuka Misu<sup>2</sup>, Shintarou Hayashi<sup>3</sup>  <sup>1</sup> Physiotherapist, Department of Physical Therapy, Tokyo International University, Japan.  <sup>2</sup> Occupational Therapists, A general incorporation foundation, Kobe At-Home Medical Care and Nursing Promotion Foundation, Promotion Office of Community-based integrated care system, Japan.  <sup>3</sup> Physiotherapist, Department of Physical Therapy, Faculty of Health Sciences, Morinomiya University of Medical Sciences, Japan.</p>
eP05	<p><b>LET'S GO TO THE BEACH! A LAND AND/OR WATER-BASED FALLS PREVENTION PROGRAM: A PILOT PROJECT</b></p>
	<p><b>Shanay Scott</b>          Physiotherapist, Allied Health Services, Mid Atlantic Wellness Institute, Bermuda.</p>



# Physiotherapy in Mental Health; what's next?\_

## e-Posters

eP06	<p><b>THE EFFECT OF COGNITIVE BEHAVIORAL THERAPY IN CHRONIC NECK PAIN. A SYSTEMATIC REVIEW WITH META-ANALYSIS</b></p> <p><b>George Ploutarchou<sup>1</sup></b>, Christos Karagiannis<sup>2</sup>, Kyriakos Pavlou<sup>2</sup>, Christos Savva<sup>3</sup>, Vasilleios Korakakis<sup>4</sup></p> <p><sup>1</sup>Clinical Trainer, Health Science, European University, Cyprus.  <sup>2</sup>Lecturer, Health Science, European University of Cyprus, Cyprus.  <sup>3</sup>Assistance Professor, Health Science, European University of Cyprus, Cyprus.  <sup>4</sup>Aspetar, Orthopaedic and Sports Medicine Hospital, Aspetar, Qatar.</p>
eP07	<p><b>THE EFFECT OF COGNITIVE FUNCTIONAL THERAPY IN CHRONIC NECK PAIN. A SYSTEMATIC REVIEW</b></p> <p><b>George Ploutarchou<sup>1</sup></b>, Christos Karagiannis<sup>2</sup>, Berki Stir Alexandrou<sup>3</sup>, Christos Savva<sup>4</sup>, Vasileios Korakakis<sup>5</sup></p> <p><sup>1</sup>Clinical Trainer, Department of Health Science, European University, Nicosia, Cyprus.  <sup>2</sup>PhD, Lecturer, Physiotherapy, Department of Health Science, European University, Nicosia, Cyprus.  <sup>3</sup>Physiotherapist, Department of Health Science, European University, Nicosia,, Cyprus.  <sup>4</sup>Assistant Professor, Physiotherapist, Musculoskeletal Physiotherapy, Department of Health Science, European University, Nicosia, Cyprus.  <sup>5</sup>Clinical Lead Physiotherapist, Musculoskeletal Physiotherapy, Orthopaedic and Sports Medicine Hospital, Aspetar, Cyprus.</p>
eP08	<p><b>WHAT FACILITATES PHYSICAL ACTIVITY IN PEOPLE WITH COMMON MENTAL DISORDERS? – A QUALITATIVE STUDY</b></p> <p><b>Louise Danielsson</b> Associate professor, Health and Rehabilitation, Neuroscience and Physiology, Sweden.</p>
eP09	<p><b>NATIONAL COMPETENCY PROFILE FOR CLINICAL SPECIALIZATION IN MENTAL HEALTH PHYSIOTHERAPY</b></p> <p><b>Stefan Perner</b>, Manuela Kundegraber, Elisabeth Jelem -Zdrzil Physiotherapy, Department of Health Sciences, FH Campus Wien, Austria.</p>
eP10	<p><b>WHICH EXERCISE CAN INFLUENCE THE PAIN CHARACTERISTICS OF PATIENTS WITH FIBROMYALGIA?</b></p> <p><b>Sotiria Vrouva<sup>1</sup></b>, Vasilios Papatsimpas<sup>2</sup>, Alexandra Nikolopoulou<sup>3</sup>, Evangelia Koutsioumpa<sup>4</sup>, Varvara Sopidou<sup>5</sup></p> <p><sup>1</sup>Dr/Academic Fellow, Department of Physiotherapy/LANECASM, University of West Attica, Greece.  <sup>2</sup>PhDc/Academic Fellow, Department of Physiotherapy/LANECASM, University of West Attica, Greece.  <sup>3</sup>MSc/Physiotherapist, Department of Physiotherapy, 401 General Army Hospital of Athens, Greece.  <sup>4</sup>Dr/Physiotherapist, Department of Physiotherapy, General University Hospital of Larissa, Greece.  <sup>5</sup>MSc/Physiotherapist, Faculty of Health Sciences, University of West Attica, Greece.</p>
eP11	<p><b>THE EFFECTIVENESS OF PHYSIOTHERAPEUTIC TECHNIQUES ON STRESS MANAGEMENT AMONG FAMILIES OF CHILDREN AND ADOLESCENTS WITH DIABETES MELLITUS TYPE 1</b></p> <p><b>Pelagia Tsakona</b> Physiotherapist, Department of Physiotherapy, International Hellenic University, Greece.</p>



# Physiotherapy in Mental Health; what's next?\_

## e-Posters

eP12	<p><b>PHYSIOTHERAPY TEACHER STUDENTS' CONCEPTIONS OF TEACHING HUMAN MOVEMENT - A PHENOMENOGRAPHIC STUDY</b></p> <p><b>Sirpa Ahola</b><sup>1</sup>, Liv Helvik Skjaerven<sup>2</sup>, Arja Piirainen<sup>3</sup>, Pirjo Vuoskoski<sup>3</sup></p> <p><sup>1</sup>MSc, PT, Department of Sport and Health Sciences, University of Jyväskylä, Finland.  <sup>2</sup>PhD, PT, Faculty of Health and Social Sciences, Western Norway University of Applied Sciences, Norway.  <sup>3</sup>PhD, PT, Department of Sport and Health Sciences, University of Jyväskylä, Finland.</p>
eP13	<p><b>THE EFFECT OF RESISTANCE EXERCISE ON THE COGNITIVE FUNCTION, DEPRESSION AND INSTRUMENTAL ACTIVITIES OF DAILY LIVING IN PEOPLE WITH MILD DEMENTIA</b></p> <p><b>Vasileios Papatsimpas</b><sup>1</sup>, Marianna Papadopoulou<sup>2</sup>, George Papathanasiou<sup>3</sup>, Christina Bouzineki<sup>4</sup>, Daphne Bakalidou<sup>5</sup></p> <p><sup>1</sup>MSc, PhD(c), Academic Fellow, Department of Physiotherapy, LANECA SM Research Lab, University of West Attica, Greece.  <sup>2</sup>Assistant Professor, Department of Physiotherapy, LANECA SM Research Lab, University of West Attica, Greece.  <sup>3</sup>Professor, Department of Physiotherapy, LANECA SM Research Lab, University of West Attica, Greece.  <sup>4</sup>MSc(c), Physiotherapist, Day Care Center, Athens Alzheimer Association, Greece.  <sup>5</sup>Associate Professor, Department of Physiotherapy, LANECA SM Research Lab, University of West Attica, Greece.</p>
eP14	<p><b>GUIDED DIAPHRAGMATIC BREATHING: PHYSIOTHERAPY IN INTENSIVE PSYCHIATRIC CARE</b></p> <p><b>Mads Poulsen</b><sup>1</sup>, Benjamin Rosenberg Edelman<sup>1</sup>, Gunnhild Lien Kjaer<sup>2</sup></p> <p><sup>1</sup>Physiotherapist, Bispebjerg, Copenhagen Mental Health Services, Denmark.  <sup>2</sup>Psychologist, Bispebjerg, Copenhagen Mental Health Services, Denmark.</p>
eP15	<p><b>UNDERSTANDING HEALTH SCIENCES ACADEMIC MINDFULNESS LANDSCAPE: A MEDLINE BIBLIOMETRIC STUDY</b></p> <p><b>Lidia Carballo-Costa</b><sup>1</sup>, Elena Alfaya-Lamas<sup>2</sup></p> <p><sup>1</sup>Senior lecturer, Physiotherapy, Medicine and Biomedical Sciences, University of A Coruna, Spain.  <sup>2</sup>Associate Professor. PhD, Humanities, University of A Coruna, Spain.</p>
eP16	<p><b>RECAPTURED GROUND: EXPERIENCES OF LONG-TERM IMPACT OF BASIC BODY AWARENESS THERAPY ON DAILY LIFE IN MILITARY VETERANS WITH SEVERE PTSD SYMPTOMS</b></p> <p><b>Ditte Larsen</b><sup>1</sup>, Anni B.S. Nielsen<sup>2</sup>, Julie W. Gjelstrup<sup>3</sup>, Louise Svendsen<sup>4</sup></p> <p><sup>1</sup>Physiotherapist, Department of Military Psychology, Danish Veteran Centre, Denmark.  <sup>2</sup>Senior researcher, PhD, MSc, RN, Research and Knowledge Centre, Danish Veteran Centre, Ringsted, Denmark.  <sup>3</sup>Project Manager, MSc, Department of Military Psychology, Danish Veteran Centre, Denmark.  <sup>4</sup>Physiotherapist, associate lecturer, Department Physiotherapy, University College Copenhagen, Denmark.</p>
eP17	<p><b>KNOWLEDGE AND ATTITUDES OF PHYSIOTHERAPY STUDENTS ABOUT THE ROLE OF PHYSIOTHERAPY IN MENTAL HEALTH</b></p> <p><b>Ropafadzo Gunduza</b><sup>1</sup>, Sandy Lord<sup>2</sup>, Monique Keller<sup>2</sup></p> <p><sup>1</sup>Physiotherapist, Physiotherapy, Physiotherapy Private practice, Namibia.  <sup>2</sup>Lecturer, Physiotherapy, University of Witwatersrand, South Africa.</p>



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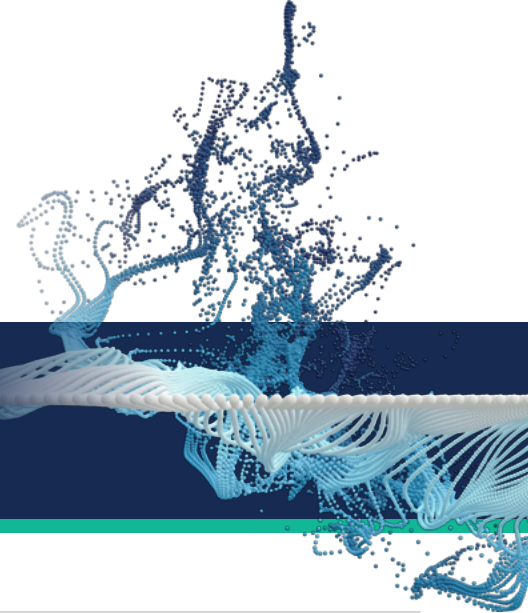
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MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## e-Posters

eP18	<p><b>APPLYING BIOPSYCHOSOCIAL- SPIRITUAL AND TRAUMA-INFORMED PAIN TREATMENTS IN THE MIDDLE EAST &amp; NORTHERN AFRICA</b></p> <p><b>Anne-Mette Karrer<sup>1</sup></b>, April Christine Gamble<sup>2</sup>  <sup>1</sup>PT, MSc. Senior Clinical Advisor, International Programmes, DIGNITY- Danish Institute Against Torture, Denmark.  <sup>2</sup>Clinical Advisor and Trainer, International Programmes, DIGNITY- Danish Institute Against Torture, Denmark.</p>
eP19	<p><b>IMMERSIVE VIRTUAL REALITY AND MENTAL HEALTH: A SYSTEMATIC REVIEW</b></p> <p><b>Akyllina Despoti</b>  Phdc., Clinical Ergospirometry, Exercise and Rehabilitation Laboratory, 1<sup>st</sup> Critical Care Department, Evangelismos Hospital, School of Medicine, National &amp; Kapodistrian University of Athens, Greece.</p>
eP20	<p><b>ASSESSMENT TOOLS FOR THE STUDY OF THE EFFECTIVENESS OF PHYSICAL EXERCISE INTERVENTIONS IN FUNCTIONALITY OF PEOPLE WITH MILD DEMENTIA</b></p> <p><b>Vasileios Papatsimpas<sup>1</sup></b>, Sotiria Vrouva<sup>2</sup>, Dimitra Moutafi<sup>3</sup>, George Krommidas<sup>4</sup>, Daphne Bakalidou<sup>5</sup>  <sup>1</sup>MSc, PhD (c), Academic Fellow, Department of Physiotherapy, LANECAISM Research Lab, University of West Attica, Greece.  <sup>2</sup>MSc, PhD, Academic Fellow, Department of Physiotherapy, LANECAISM Research Lab, University of West Attica, Greece.  <sup>3</sup>MSc, Nurse, Pathological Department, General Hospital Konstantopouleio, Greece.  <sup>4</sup>MD,PHD, Technological Education, Vocation School, Greece.  <sup>5</sup>Associate Professor, Department of Physiotherapy, LANECAISM Research Lab, University of West Attica, Greece.</p>
eP21	<p><b>THE EFFECTS OF EXERCISE ON MENTAL HEALTH OF BREAST CANCER PATIENTS</b></p> <p><b>Aristi Tsokani<sup>1</sup></b>, Vasiliki Stefanouli<sup>1</sup>, Eleni Tsounia<sup>1</sup>, Konstantinos Chandolias<sup>2</sup>, Nikolaos Strimpakos<sup>3</sup>  <sup>1</sup>PhD candidate, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.  <sup>2</sup>Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.  <sup>3</sup>Professor, Health and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.</p>
eP22	<p><b>THE EFFECT OF HYDROTHERAPY IN MENTAL HEALTH AND QUALITY OF LIFE OF VARIOUS DISEASES</b></p> <p><b>Konstantinos Chandolias<sup>1</sup></b>, Eleni Argyroula Tsounia<sup>2</sup>, Vasiliki Stefanouli<sup>2</sup>, Aristi Tsokani<sup>2</sup>, Nikolaos Strimpakos<sup>3</sup>  <sup>1</sup>Adjunct Lecturer, Post doc, Health Assessment and Quality of Life Research Lab, Physical Therapy, University Of Thessaly, Greece.  <sup>2</sup>Phdc, Health Assessment and Quality of life Lab, Physical Therapy, University of Thessaly, Greece.  <sup>3</sup>Professor, Head of Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.</p>
eP23	<p><b>INVESTIGATION OF THE BENEFICIAL EFFECT OF BALNEOTHERAPY IN MENTAL HEALTH CONDITIONS</b></p> <p>Elena Argyroula Tsounia<sup>1</sup>, <b>Konstantinos Chandolias<sup>2</sup></b>, Aristi Tsokani<sup>1</sup>, Vasiliki Stefanouli<sup>1</sup>, Nikolaos Strimpakos<sup>3</sup>  <sup>1</sup>Phdc, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.  <sup>2</sup>Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.  <sup>3</sup>Professor, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.</p>



# Physiotherapy in Mental Health; what's next?\_

## e-Posters

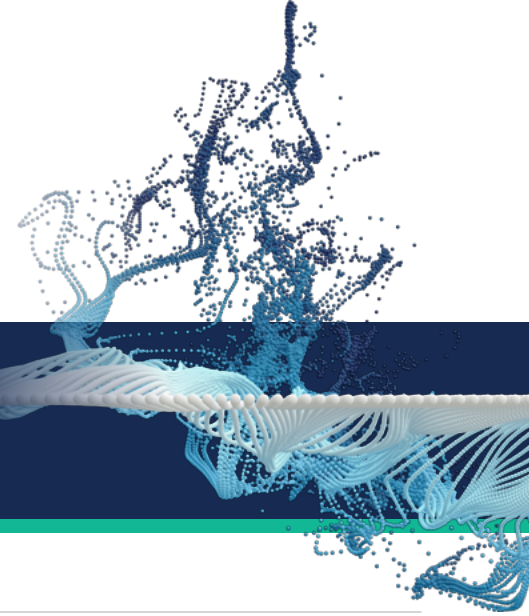
eP24	<p><b>CONTACT WITH THE PHYSIOTHERAPIST AS A FACTOR IMPROVEMENT ON MUSCULOSKELETAL REHABILITATION: AN EMPIRICAL STUDY</b></p> <p><b>Filitsa Tsentidou<sup>1</sup></b>, Glykeria Tsentidou<sup>2</sup>  <sup>1</sup>Physiotherapist, Private Pysiotherapy Center, Katerini, Greece.  <sup>2</sup>Psychologist, Health Center of Katerini, Katerini, Greece.</p>
eP25	<p><b>THE EFFECT OF LIMITED THORACIC MOBILITY ON SHOULDER JOINT FUNCTION IN INDIVIDUAL WITH FRAILTY AND IN INDIVIDUAL WITH EXTRAPYRAMIDAL SYNDROME: A STUDY PROTOCOL</b></p> <p>Christina Bouzineki<sup>1</sup>, Nikoletta Geronikola<sup>2</sup>, Sophia Kanellopoulou<sup>3</sup>, <b>Anna Christakou<sup>4</sup></b>, Vasiliki Sakellari<sup>5</sup>  <sup>1</sup>Physiotherapist, MSc student, MSc "New Methods in Physiotherapy" Physiotherapy Department, Faculty of Health and Care Sciences, University of West Attica, Egaleo, Attica; Greece, Day Care Center in Maroussi, Athens Alzheimer Association, Greece.  <sup>2</sup>Clinical Psychologist/Neuropsychologist, PhD Student, University of Athens, Medical School, Day Care Center in Panormou, Alzheimer Athens Association, Greece.  <sup>3</sup>Health Psychologist, Day Care Center in Maroussi, Athens Alzheimer Association, Greece.  <sup>4</sup>Assistant Professor, Physiotherapy, Faculty of Health and Care Sciences, University of Peloponnese; Sparta, Greece.  <sup>5</sup>Professor, Physiotherapy, Faculty of Health and Care Sciences, University of West Attica; Athens, Greece.</p>
eP26	<p><b>THE EFFECTS OF GREEN EXERCISE IN MENTAL HEALTH</b></p> <p>Vasiliki Stefanouli<sup>1</sup>, <b>Aristi Tsokani<sup>1</sup></b>, Konstantinos Chandolias<sup>2</sup>, Eleni Tsounia<sup>1</sup>, Nikolaos Strimpakos<sup>3</sup>  <sup>1</sup>PhD candidate, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.  <sup>2</sup>Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.  <sup>3</sup>Professor, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.</p>
eP27	<p><b>MAPPING THE RECENT SCIENTIFIC LITERATURE ON PHYSIOTHERAPY AND EXERCISE IN MENTAL HEALTH</b></p> <p><b>Lidia Carballo-Costa</b>  Senior lecturer, MSc, Physiotherapy, Medicine and Biomedical Sciences, University of A Coruna, Spain.</p>
eP28	<p><b>VULNERABILITY FRACTURES AND DEMENTIA: FROM PREVENTION TO REHABILITATION</b></p> <p><b>Nikolaos Mastoras</b>  Physiotherapist, Physiotherapy, Day Care Center of Ioannina, Greece.</p>
eP29	<p><b>VIRTUAL REALITY AND BEHAVIOR MANAGEMENT</b></p> <p><b>Georgios Mitsikaris</b>  Physiotherapist, 1<sup>st</sup> Vocational High School, Megalopoli, Greece.</p>
eP30	<p><b>THE BENEFITS OF PHYSIOTHERAPY INTERVENTION THROUGH EXERCISE IN CHILDREN WITH AUTISM</b></p> <p><b>Charonitis Epameinondas<sup>1</sup></b>, Charoniti Marianthi<sup>2</sup>  <sup>1</sup>Physiotherapist specialized in neurological diseases, self employed, Greece.  <sup>2</sup>Physiotherapist specialized in musculoskeletal and lymphatic diseases. self employed, Greece.</p>





9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; \_\_\_\_\_what's next?\_

## e-Posters

eP31

BIPOLAR DISORDER & PHYSICAL EXERCISE

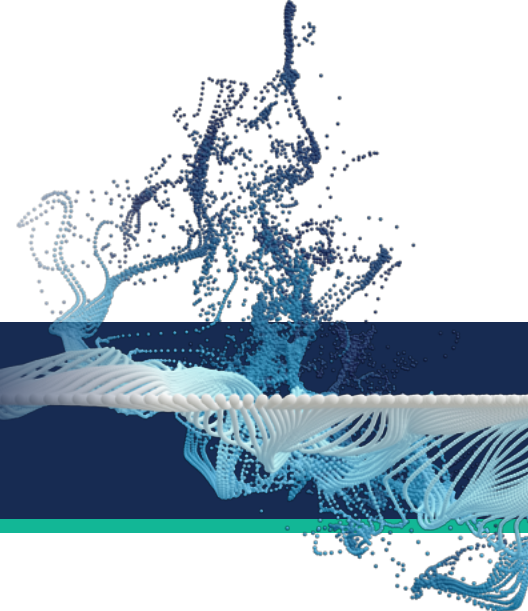
**Olga Gerouti**

*Physiotherapist, Physiotherapy Center, Healththerapy, Greece.*



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## Speaker's Index

A

### Ahola, Sirpa

MSc, PT, Senior Lecturer, School of Rehabilitation and Examination, Physiotherapy, Metropolia University of Applied Sciences, Finland

### Apostolidou, Sultana

Physiotherapist, MA in Dance Movement Therapy, Greece

### Arkesteyn, Anke

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B

### Beker, Esther

Lecturer, Department of Physiotherapy in Mental Health, University of Applied Sciences Utrecht, Netherlands

### Bournousouzis, Eleferios

Physiotherapist, Greece

### Bertilsson, Ingrid

Physiotherapist, Department of Health Sciences, Lund University, Lund, Sweden

### Brunner, Emanuel

PT, PhD, OST - Eastern Switzerland University of Applied Sciences, School of Health Profession, Switzerland.

### Byrd, Erin

Lecturer Sport and Public Health, Ulster University, United Kingdom.

C

### Canales, Janette Z.

PT, PhD, Brazil

### Carballo - Costa, Lidia

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### Catalán - Matamoros, Daniel

PhD, PT, Professor at Madrid University Carlos III, Spain

### Chalari, Efthymia

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### Chandolias, Konstantinos

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### Charonitis Epameinondas

Physiotherapist, specialized in neurological diseases, Greece

### Chatzidamianos, Theodoros

Physiotherapist, Academic Fellow at University of West Attica, Athens, Greece

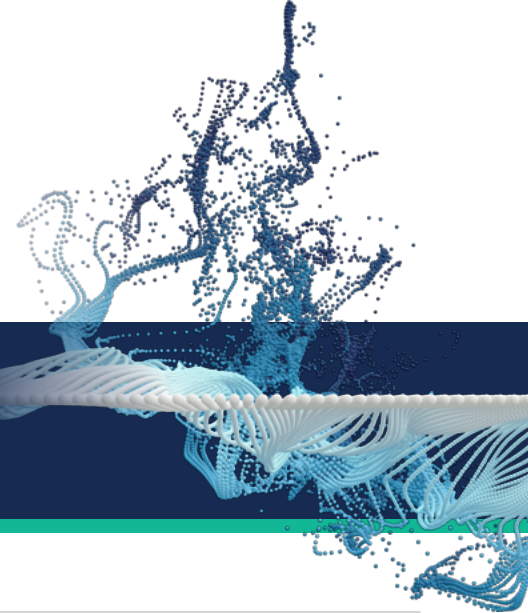
### Christakou, Anna

Ass. Professor, Department of Physiotherapy, University of Peloponnese, Greece



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## Speaker's Index

F

**Fordham, Lauren**

*MCSP, Senior Physiotherapist, Derbyshire Healthcare NHS Foundation Trust, Kingsway Derby, UK*

D

**Danielsson, Louise**

*RPT, Associate Professor, Sweden*

**Despoti, Akyllina**

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G

**Gálvez Olvera, Norma Elisa**

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**Gamble, April**

*Physiotherapy Trainer, Physiotherapy, The Center for Victims of Torture, Iraq*

**Garrido - Cumbreira, Marco**

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**Gerouti Olga**

*Physiotherapist, Msc, ADS, Private Physiotherapy Center - Athens, Greece*

**Gkouvas, Nikolaos**

*Founder / Director of MelapuS. Board member & President of Informatics and Innovative Technologies, Hellenic Psychiatric Association, Greece*

H

**Hadjiyasemi, Kyriaki**

*PT, MSc Neurosciences, MLD therapist, PhD candidate, Cyprus*

**Haselwander, Maren**

*PT, Academic Staff, Heidelberg, Germany*

**Huri, Meral**

*PT, PhD., Assoc. Prof. Hacettepe, University Faculty of Health Sciences, Department of Occupational Therapy, Ankara, Turkey*

K

**Karrer, Anne-Mette**

*PT, MSc. Senior Clinical Advisor, International Programmes, DIGNITY- Danish Institute Against Torture, Denmark*

**Karthikeyan, Thangavelu**

*Dr, PhD, DSC, Psychophysiotherapist, NIMHANS (A Govt of India), Bangalore, Karnataka, India*

**Kontadaki, Stefania**

*MSc, Physiotherapist, Alexander Technological Educational Institute of Thessaloniki, Department of Physiotherapy, Greece*

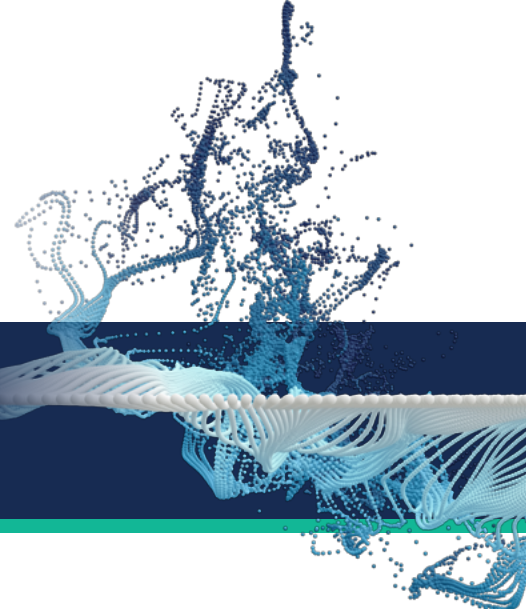
**Kouloumpi, Maria**

*MSc OT, PhD in Queen Margaret University, Edinburgh, Lecturer of Applied Science in Occupational Therapy Department, Faculty of Health and Caring Sciences, Member of the Research Laboratory of Musculoskeletal Physiotherapy, University of West Attica, Athens Greece*



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## Speaker's Index

### **Kyriakatis, Georgios - Marios**

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### **Larsen, Ditte**

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### **Lord, Sandy**

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### **Makri, Souzi**

*Chair - EULAR PARE Committee, EUPATI Fellow, Vice President - Cyprus. League For People with Rheumatism (CYLPER), President EUPATI Cyprus*

### **Mangoulia, Polyxeni**

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### **Mastoras, Nikolaos**

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### **Mazzarotto, Deborah**

*Physical Therapist, Master in Neurorehabilitation and Master in Artificial Intelligence, Italy*

### **Michael - Vargiamidou, Polyxeni**

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### **Mitsikaris, Georgios**

*MSc, Physiotherapist, Greece*

### **Morera Salazar, Didier Andres**

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### **Mylonopoulou, Marietta**

*Paediatric Physiotherapist N.D.T., D.U.T. "Sport et Santé", Director of KNAP (Center of Developmental Treatment for Children, Piraeus, Greece), Greece*

**N**

### **Nomidou, Katerina**

*Mental health & human rights practising lawyer, WHO PFPS Champion for Greece, Secretary general of the Global Alliance of Mental Illness Advocacy Networks GAMIAN-Europe, Brussels, President, Panhellenic Federation of associations/organizations for the mental health, Vice president, Association of families/carers for mental health, Alzheimer's disease and related disorders SOFPSI N.SERRON, Visiting lecturer in Compassionate Care, Doctor-Patient relationship and Health law at the Faculty of Medicine, University of Crete, Greece*

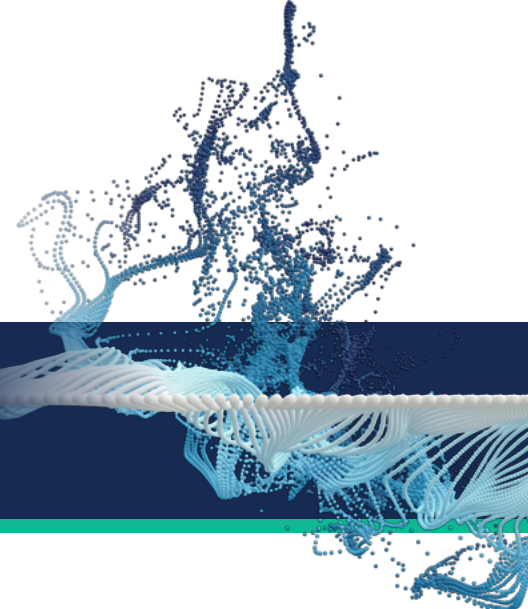
### **Nyboe, Lene**

*PT, MHSc, PhD, Dep. of Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark*



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## Speaker's Index

### P

#### **Papamichael, Elena**

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#### **Papatsimpas, Vasileios**

*MSc, PhD(c), Academic Fellow, Department of Physiotherapy, LANEASM Research Lab, University of West Attica, Athens Greece. General Hospital Athens "G. Gennimatas", Greece*

#### **Paschou, Fani**

*Psychologist, Athens, Greece.*

#### **Patsaki, Irini**

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#### **Patsiris, Stephanos**

*Physiotherapist MSc, Ph.D. candidate Bioinformatics & Human Electrophysiology Lab, Department of Informatics, Ionian University, Clinical educator Keele University, UK General Hospital of Corfu, Greece*

#### **Perner, Stefan**

*Physiotherapist, MSc; Department of Health Sciences, FH Campus Wien, Austria*

#### **Pinsault, Nicolas**

*Assistant Professor Grenoble-Alps University; Vice-president of the French physiotherapist council of Order, France*

#### **Ploutarhou, George**

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#### **Pons, Tracey**

*PhD, Specialist Pain Physiotherapist, Pain Management Physiotherapy, New Zealand.*

#### **Poulsen, Mads**

*Physiotherapist, Bispebjerg, Copenhagen Mental Health Services, Denmark*

#### **Probst, Michel**

*Professor at the KU Leuven, Department of Rehabilitation Sciences. Head of the research unit Adapted Physical Activity & Psychomotor Rehabilitation and coordinator of the studies "Rehabilitation Sciences in Mental Health Care, Belgium. KU Leuven.*

### R

#### **Rosa, Marlene**

*PhD, Physiotherapist, Coordinator of the Group of Interest in Physiotherapy in Mental Health from Physiotherapy Portuguese Association, Portugal*

#### **Rozenbergs, Didzis**

*PT, Latvia*

#### **Ryan, Deirdre**

*President of Pain Alliance Europe (PAE), Belgium*

### S

#### **Scott, Shanay**

*Physiotherapist, Mid-Atlantic Wellness Institute, Bermuda Hospitals Board, Bermuda Hospitals Board*

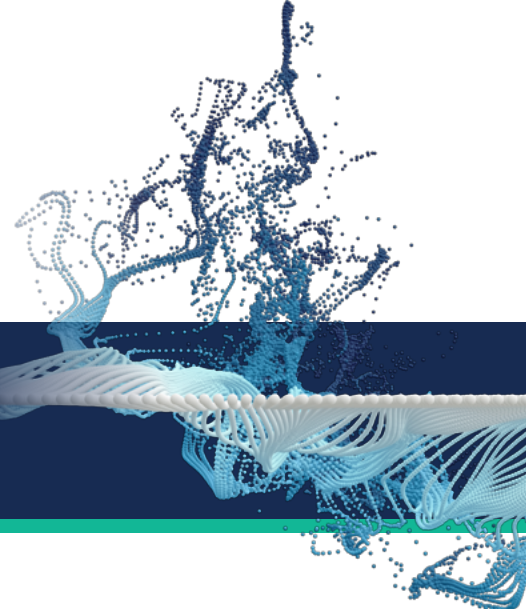
#### **Sfetsioris, Dimitrios**

*PT, MSc. PhD, Greece*



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



# Physiotherapy in Mental Health; what's next?\_

## Speaker's Index

### Skjærven, Liv-Helvik

PT, PhD, Professor in Physiotherapy Emerita, Western Norway University of Applied Sciences, Bergen, Norway.  
And: Management Team, Master of Physiotherapy in BBAM, University of Almeria, Spain

### Stathopoulos, Stavros

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### Staub, Cristina

PhD in Neurophysiology, Physiotherapist, President of the Swiss Group of Physiotherapy in Mental Health (SAG PPP), Vice President of Pro Dormo Switzerland

### Stokes, Emma

World Physiotherapy President

## T

### Toen, Anoushka

PhD student, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium

### Tsakona, Pelagia

Pediatric Physiotherapist, Msc, NDT, Special Educator for children, Msc PhD candidate in the department of Physiotherapy International Hellenic University, Greece

### Tsaousidou, Isaia

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### Tsentidou, Filitsa

Physiotherapist, Private Physiotherapy Center, Katerini, Greece

### Tsokani, Aristi

PhD candidate, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece

## V

### Van Damme, Tine

PT, PhD, Assistant Professor, research group Adapted Physical Activity and Psychomotor Rehabilitation, Department of Rehabilitation Sciences, KU Leuven, Belgium.

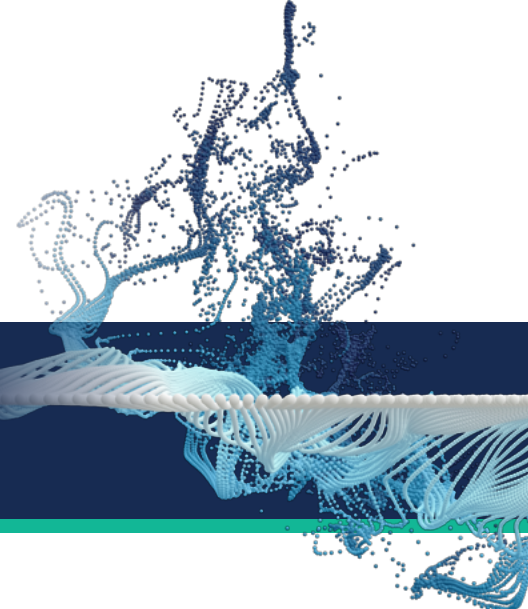
### Vancampfort, Davy

Assistant Professor, KU Leuven Department of Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, Belgium



9<sup>th</sup> International Organisation of  
Physical Therapy in Mental Health  
Conference

ATHENS, GREECE  
MAY 4-6, 2022



## Physiotherapy in Mental Health; what's next?\_

### Speaker's Index

#### **Vanderlinden, Julie**

Public health Researcher- Sleep research, Sleep behavioural therapist, Lecturer Public health, University Leuven (KUL, Belgium), University Brussels (VUB, Brussels), Odisee University for Applied Sciences, Belgium

#### **Varytimidi, Anna**

Physiotherapist, BSc., University of West Attica, Greece.

#### **Vera-Salazar, Roberto**

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#### **Verikaki, Olga**

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#### **Vrouva, Sotiria**

PT, MSc, PhD, Head of Department of Physiotherapy 401 Army Military Hospital, Academic Fellow of Physiotherapy Department of West Attica, Member of Neuromuscular & Cardiovascular Study of Motion Lab-LANECASM, Greece

## Y

#### **Yaemrattanakul, Weeranan**

PT, PhD. Department of Physical Therapy, Faculty of Medicine, Prince of Songkla University, Thailand.

#### **Yamamoto, Taisei**

Professor, Department of Physical Therapy, Tokyo International University, Japan

#### **Yfantopoulos, N. John**

Professor of Health Economics, Co-ordinator of MBA-Health University of Athens, Greece

## Z

#### **Zambo - Anderson, Ellen**

PT, PhD, GCS, RYT Professor Emerita, Rutgers, The State University of New Jersey, USA

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