

BRIEF CURRICULUM VITAE



Theodore Zekis

tzekis@uniwa.gr

Theodore Zekis graduated from Technological Educational Institution (TEI) of Athens in 2008, while in 2014 he completed his postgraduate studies on MSc “Biology of Exercise” in School of Physical Education and Sport Science of the National and Kapodistrian University of Athens, at the direction of Sports Medicine, Sports Physiotherapy and Rehabilitation. In 2021 he completed the programme of Further Education and Specialization “Physiotherapy in ICU. Contemporary Evidence Based Approaches” at the Center of Lifelong Learning of Thessaly’s University. Furthermore, he serves University of West Attica as an academic fellow from 2019, conducting the courses “Clinical Practice in Cardiorespiratory and Musculoskeletal Physiotherapy”, while in years 2017-2018 he had the position of lab assistant at TEI of Athens. Moreover, he is a Basic Life Support and Automated External Defibrillator instructor, certified by Hellenic Association of Cardiopulmonary Resuscitation, as well as an elective member of Attica’s Regional Department of Panhellenic Physiotherapists’ Association. Currently he is working at Non Governmental Organization “Alzheimer Athens”, where through programmes of physical activity, prevention and deceleration of functional deficits due to dementia are targeted.

<https://scholar.google.com/citations?user=y2BMSHoAAAAJ&hl=en>