

PERSONAL DETAILS

Christos Pippas

E-mail: cpippas@uniwa.gr

Education

2010-2014

Undergraduate degree in Physiotherapy, Technological Educational Institute of Lamia.

2017-2018

Postgraduate degree in «Sports Medicine». University of Central Lancashire (UCLan).

Additional Training - Seminars

2015

- Workshop in Research-Evaluation-Therapy of the Spine
- Course Certificate in Sports Massage

2017

- Royal College of Physicians of Edinburgh Evening Medical Update in Breathlessness
- Certificate in Emergency Medical Management in Individual/Team Sports
- Elite Sports Performance Conference

2018-2020

Hellenic Orthopaedic Manipulative Therapy Diploma (OMT)

2019

- Basic ERGON IASTM Technique Course
- Barca Sports Medicine Conference
- FIFA Medicine Diploma
- “Groin pain in athletes. Groin injury vs groin problems” seminar (BJSM approved)
- “The Overhead Shoulder compared the Normal Shoulder” seminar (BJSM approved)

2021

“The Shoulder Joint” webinars (Hellenic Society of Musculoskeletal Radiology)

English language

- IELTS
- Certificate of Proficiency in English (Michigan)
- Certificate of Competency in English (Michigan)
- Cambridge ESOL Level 1 Certificate in English

Computer skills

Microsoft Word, Microsoft Excel, Microsoft Power Point, SPSS Statistics.

Επαγγελματική Εμπειρία

2021-2022

Olympiacos FC

2020-2021

Palliniakos AO

2019-2020

Olympiada Kifisias Track and Field Club

2018-2019

Panathinaikos Water Polo Club

2017-2018

Fylde Rugby Football Club

2018

Charity rugby game (Preston Grasshoppers-FRFC)

2016-2017

Panathinaikos Water Polo Club

2015-2016

32 Marine's Brigade

2014-2015

IASO General Hospital

Research Projects

- MSc Thesis: "Test-retest reliability of the Nordbord hamstring device"
- BSc Thesis: "The contribution of the Constrained Induced Movement Therapy in the treatment of patients with hemiplegia"
- Scientific paper, entitled: "Physiotherapy Centre in a Greek Marine Corps' Brigade"

Conferences participation

- Participation in the scientific paper "Physiotherapy Centre in a Greek Marine Corps' Brigade" at the 21st Balkan Congress of Military Medicine in Bucharest, Romania
- Participation in the scientific paper "Physiotherapy Centre in a Greek Marine Corps' Brigade" at the 4th Pan-European Congress of Military Medicine in Paris