

## Brief Curriculum Vitae



**Eleftherios Paraskevopoulos**  
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**Eleftherios Paraskevopoulos** holds a degree in Physiotherapy and he is a member of the Panhellenic Association of Physiotherapists (PSF). He holds a Master of Science degree from the Department of Physical Education and Sports Science of the University of Thessaly, specializing in clinical biomechanics. He has completed postgraduate studies in Manual Therapy where he has received the title of Orthopedic Manual Therapist (OMT) with recognition from the International Federation of Orthopedic Manipulative Physical Therapists (IFOMPT).

He is a Doctoral Candidate of the Department of Physiotherapy of the University of West Attica with a supervising professor of his dissertation Dr. Papandreou Maria-Associate Professor of the respective department.

His main research interests focus on the rehabilitation of shoulder dysfunctions in professional volleyball players. At the same time, he participates in the organization of training seminars related to Myofascial Release, of the National and Kapodistrian University of Athens, with leading Professor Dr. Papandreou Maria.

He has worked for a number of years in Britain and Greece as a Physiotherapist in the public and private sector. He is a Physiotherapist of the Greek National Rowing Team (Men-Women). At the same time, he is an academic fellow at the Department of Physiotherapy of the University of West Attica where he works as a teaching assistant in laboratory courses and has also been a visiting lecturer in the Postgraduate Program "New Methods in Physiotherapy" at the University of West Attica.

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